

# REGISTRATION FORM

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

Town: \_\_\_\_\_ State: \_\_\_\_\_

ZIP: \_\_\_\_\_ School: \_\_\_\_\_

E-Mail: \_\_\_\_\_


(required)

I give my daughter \_\_\_\_\_  
Permission to participate in a Seacoast United Field Hockey Camp. I understand that all participating in this program do so at their own risk and without recourse to Seacoast United Field Hockey Club, it's officers, agents, and/or coaches. Signature of Parent/Guardian:

**Tuition: \$115** Sibling discount: \$105 (2<sup>nd</sup>) \$95 (3<sup>rd</sup>)  
**Mixed Sports Camp (full day) Tuition: \$225**

**Nike T-shirt size:** YS YM YL AS AM AL

I am paying the full amount of: \$ \_\_\_\_\_

 With check #: \_\_\_\_\_

Please return registration and payment to:  
**Seacoast United FH**  
PO Box 779  
Hampton, NH 03843  
Attn: Camps

**\*NOTE:** We do not send or call with confirmations. Consider your child enrolled when you send in your registration AND PAYMENT. We will only contact you if there is an issue with the registration or camp.



Seacoast United Field Hockey Camps

Seacoast United  
PO Box 779  
Hampton, NH 03843



## 2009 Summer Camps



311 Winnacunnet Rd  
Hampton, NH 03843  
603-926-8444

[www.seacoastunited.org](http://www.seacoastunited.org)

## What is a Field Hockey Camp?

Seacoast United is now in its 15th year offering summer camps. Over the years our camps have evolved into what we believe is a very fun, but educational experience. We believe very much in the fundamentals of field hockey, and think that correct technique is the building block from which successful players are born.

Seacoast United Field Hockey Camps offer the field hockey player a fun, yet challenging atmosphere! If you are a new or existing player who is looking to have a great time while working on your individual and team skills, our camps are for you. Each day our experienced coaches from high school and college levels will play lots of "teaching games" and exercises to introduce more challenging skills which we encourage our players to try in our scrimmage time at the end of each day.



[www.seacoastunited.org](http://www.seacoastunited.org)



## 2009 Summer Camp Offerings

### Girls' Mixed Sports Camp at Berwick Academy



Seacoast United's well-known Field Hockey and Lacrosse Clubs will be offering a Girls' Mixed Sports Camp on the beautiful campus of Berwick Academy in South Berwick, ME. This 4-day camp will offer lacrosse during the morning sessions (9am-12noon), and field hockey in the afternoon sessions (1-4pm). Train in both sessions to work on both sports, or choose a single sport for a ½ day camp! Camp participants will receive a Nike t-shirt. Registration is \$115 per player (1/2 day) or \$225 (full day). For girls ages 12-17.

Berwick Academy is located at 31 Academy St, South Berwick, ME 03908.

## Preseason Camps

### High School Preseason Skills & Fitness Camp

The Seacoast United Field Hockey Preseason Skills & Fitness camp is for incoming freshmen, JV, and Varsity players in preparation for their upcoming high school fall season. Players will be put through their paces in a number of ways, consistently working in small groups with a specific functional activity. The camp focuses on individual skills in defending, attacking, finishing, and transition play. Regardless of position, players will be exposed to all areas of the game to help them understand the different functions of the team.

This camp will be held August 10<sup>th</sup>-13<sup>th</sup> (M-Th) from 4-6:30pm at the Seacoast United Outdoor Complex in Epping, NH. Registration is \$115. All players will receive a Nike t-shirt!

### Elementary & Middle School Preseason Skills & Fitness Camp

The Seacoast United Field Hockey Elementary & Middle School preseason camp is for 3<sup>rd</sup> through 8<sup>th</sup> grade players interested in learning the sport of field hockey and/or advancing their ability. Players will consistently work in small groups with a specific functional activity. The camp focuses on individual skills in defending, attacking, finishing, and transition play. Regardless of position, players will be exposed to all areas of the game to help them understand the different functions of the team.

This 5-day camp will be held August 17<sup>th</sup>-21<sup>st</sup> from 4-6:30pm at the Seacoast United Indoor Arena in Hampton, NH. Registration is \$115. All players will receive a Nike t-shirt!

Contact Britt Schneider at 603-926-8444 x216 or [bschneider@seacoastunited.org](mailto:bschneider@seacoastunited.org) with any questions regarding these programs.