

GIRLS RULES AND REGULATIONS SEACOAST UNITED NOVEMBER TOURNEY



***Please note that some rules are Seacoast United facility rules.

Duration of Game/Time

1. All games are 25-minutes in length.
2. The clock will run continually, during penalties or injury time.
3. No timeouts

Scoring

1. Goals are worth 1 point when the whole of the ball crosses over the whole goal line.
2. All games ending in a tie will remain tied.
3. ***If a four goal differential occurs during any game, the team losing will start with the ball in lieu of a draw.

Play

1. Tourney format is 7v7, 6 field players and a goalie
2. The Referee's sole authority starts and stops on the field during the duration of the match being played.
3. The referees will administer all laws of the game according to US Lacrosse.

Girl's Youth

Modified stick checking will NOT be permitted in the Youth division. Legal checking will be as defined by the US Lacrosse Youth guidelines, (Checking a crosse that is BELOW the shoulder and in contact with the ball). All checks must be directed away from the head and neck area. Slashing is defined as any one-handed check or check deemed out of control by the referee. It can also be called in any case where there is crosse to body contact.

Players Equipment/Uniforms

1. Teams should have matching tops with approximately 2" numbers on the back.
2. All players are to wear cleats or turf shoes only in the designated playing areas.
3. No jewelry is to be worn during games.
4. No gum chewing.
5. Mouthguards and eyewear are mandatory.

Player Conduct

1. Players are expected to conduct themselves within the spirit of the game.
2. ***Players will not spit on the playing field. The player may receive a yellow card or if deemed necessary a red card.